

The Importance of Air Pressure

FOR MTB TYRES

Just as with your car tyres, proper inflation pressure is very important to how your bicycle tyres perform and last. Also as with car tyres, the most important variable that affects what the proper pressure should be is the load your tyres are being asked to carry.

For these tyres, the pressure varies according to the weight of the rider and the terrain, but also other parameters such as the tyre volume, the bicycle type and the conditions of use become important factors in the decision making process. This table should help with the choice of the proper pressure according to use.

Note: Attention all these values are given only as recommendations. Depending on the experience of the rider, they can be adjusted.



Conseil pression / Pressure advice

Poids du cycliste / Weight of the cyclist

